How to answer the questionnaire:

The following questions are about the bladder problems you may have and how you deal and live with them.

Please fill in this questionnaire in a quiet place and preferably on your own. Take the time you need. There are no right or wrong answers. If you are not sure how to answer a question, choose the answer which best applies to you. Please note that your answers will remain strictly anonymous and confidential.

When answering the questions, think about how you pass urine at present.

Thank you for your participation.

Before filling in this questionnaire, please write today's date:

Day Month Year

THE INFORMATION CONTAINED IN THIS QUESTIONNAIRE IS STRICTLY ANONYMOUS AND CONFIDENTIAL
**YOUR BLADDER PROBLEMS AND HOW YOU PASS URINE AT PRESENT:**

Please answer all the questions by ticking the appropriate box.

<table>
<thead>
<tr>
<th></th>
<th>Not at all</th>
<th>Slightly</th>
<th>Moderately</th>
<th>Quite a bit</th>
<th>Extremely</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. In general, do your bladder problems complicate your life?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>2. Are you bothered by the time spent passing urine or realizing catheterization</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>3. Do you worry about your bladder problems worsening</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>4. Do you worry about smelling of urine</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>5. Do you feel worried because of your bladder problems</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>6. Do you feel embarrassed because of your bladder problems</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>7. Is your life regulated by your bladder problems?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>8. Can you go out without planning anything in advance?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

Thank you for valuable help.
## Calculation grid for scores of SF-Qualiveen

### Qualiveen domain scores

<table>
<thead>
<tr>
<th>Bother with limitations</th>
<th>Fears</th>
<th>Feeling</th>
<th>Frequency of limitations</th>
</tr>
</thead>
<tbody>
<tr>
<td>#</td>
<td>answ</td>
<td>#</td>
<td>answ</td>
</tr>
<tr>
<td>1</td>
<td>____</td>
<td>3</td>
<td>____</td>
</tr>
<tr>
<td>2</td>
<td>____</td>
<td>4</td>
<td>____</td>
</tr>
</tbody>
</table>

Sum of items:  

- Bother with limitations: ____  
- Fears: ____  
- Feeling: ____  
- Frequency of limitations: ____  

Divide by:  

- Bother with limitations: ÷ 2  
- Fears: ÷ 2  
- Feeling: ÷ 2  
- Frequency of limitations: ÷ 2  

Score:  

- Bother with limitations: ____  
- Fears: ____  
- Feeling: ____  
- Frequency of limitations: ____  

### SF-Qualiveen overall score

<table>
<thead>
<tr>
<th>Scores</th>
</tr>
</thead>
</table>
| Bother with limitations: ____  
- Fears: ____  
- Feeling: ____  
- Frequency of limitations: ____  

Sum of scores:  

- = ____  

Divide by:  

- SF-Qualiveen overall score: ÷ 4

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# : number of the item  
answ : answer recorded for the item

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