**McGILL PAIN QUESTIONNAIRE**

**RONALD MELZACK**

**Patient's Name**

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**Date**

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**Time** am/pm

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**PRI:**

1. FLICKERING
   - QUIVERING
   - PULSING
   - THROBBING
   - BEATING
   - POUNDING

2. JUMPING
   - FLASHING
   - SHOOTING

3. PRICKING
   - BORING
   - DRILLING
   - STABBING
   - LANCINATING

4. SHARP
   - CUTTING
   - LACERATING

5. PINCHING
   - PRESSING
   - GNAWING
   - CRAMPING
   - CRUSHING

6. TUGGING
   - PULLING
   - WRENCHING

7. HOT
   - BURNING
   - SCALDING
   - SEARING

8. TINGLING
   - ITCHY
   - SMARTING
   - STINGING

9. DULL
   - SORE
   - HURTING
   - ACHING
   - HEAVY

10. TENDER
    - TAUT
    - RASPING
    - SPLITTING

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**PRI(T):**

11. TIRING
    - EXHAUSTING

12. SICKENING
    - SUFFOCATING

13. FEARFUL
    - FRIGHTFUL
    - TERRIFYING

14. PUNISHING
    - GRUELING
    - VICIOUS
    - KILLING

15. WRETCHED
    - BLINDING

16. ANNOYING
    - TROUBLESOME
    - MISERABLE
    - INTENSE
    - UNBEARABLE

17. SPREADING
    - RADIATING
    - PENETRATING
    - PIERCING

18. TIGHT
    - NUMB
    - DRAWING
    - SQUEEZING
    - TEARING

19. COOL
    - COLD
    - FREEZING

20. NAGGING
    - NAUSEATING
    - ABOMINIZING
    - DREADFUL
    - TORTURING

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**PPI:**

0. NO PAIN
1. MILD
2. DISCOMFORTING
3. DISTRESSING
4. HORRIBLE
5. EXCRUCIATING

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**E = EXTERNAL**

**I = INTERNAL**

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**COMMENTS:**