Total Nasal Symptom Score

Please answer all questions to the best of your ability. This information will assist us in understanding and treating symptoms.

Please rate the following rhinitis symptom for the last week:

1. Nasal obstruction
   - No Symptoms: 0
   - Mild – awareness but not troubled: 1
   - Moderate – troublesome but not interfering with normal daily activities or sleep: 2
   - Severe – interfering with normal daily activities or sleep: 3

2. Itching/Sneezing
   - No Symptoms: 0
   - Mild – awareness but not troubled: 1
   - Moderate – troublesome but not interfering with normal daily activities or sleep: 2
   - Severe – interfering with normal daily activities or sleep: 3

3. Secretion/runny nose
   - No Symptoms: 0
   - Mild – awareness but not troubled: 1
   - Moderate – troublesome but not interfering with normal daily activities or sleep: 2
   - Severe – interfering with normal daily activities or sleep: 3

Total Score: _____

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